

INSPIRING THE FUTURE



FEATURE PRESENTATION | 2.00 PM – 3.00 PM

Designing Your Next Chapter(s)

Practical ways to strengthen your wellbeing
and live more intentionally

with Jael Chng

EVENT FEES

Member \$12 (early bird – sign up by 28th September 2026)

Member \$15 (wef 29th September 2026)

Former SAAP Member \$60

Guest / Non-member \$70

Closing date for Registration: 5th October 2026

MEET JAEI

Jael Chng is a communication and marketing consultant, speaker, coach and facilitator who helps people and organizations navigate change with greater clarity and purpose. She is the co-founder of My Working Title, a career-design company that empowers people to actively shape meaningful careers and futures.

ABOUT THE SESSION

Life rarely follows a single, predictable path. As our priorities and aspirations evolve, we may find ourselves entering several new chapters. In this practical and reflective session, Jael will share useful ways to strengthen our wellbeing, gain greater clarity about what matters and make more intentional choices for the chapters ahead.

